

Mental Health Measure Parts 2 & 3

Part 2

Part 2 of the Measure places duties on Local Health Boards and Local Authorities in Wales to work together to ensure that people of all ages within secondary mental health services have a care co-ordinator and a care and treatment plan that is reviewed at least yearly.

It places duties on service providers - Local Health Boards and Local Authorities in Wales - to act in a co-ordinated manner to improve the effectiveness of the mental health service they provide to an individual.

This Part of the Measure also requires that care and treatment plans be provided for service users of all ages who have been assessed as requiring care and treatment within secondary mental health services. Regulations made under Part 2 of the Measure (the Mental Health (Care Coordination and Care Treatment Planning) (Wales) Regulations 2011) also prescribe the content and the form of the care and treatment plan which all care coordinators will be required to use.

Under the regulation, each care and treatment plan will:

- a) be developed by a care coordinator in consultation with the service users and mental health providers (although the plan may be developed without the input of the patient where the outcomes cannot be agreed between all parties);
- b) in writing;
- c) record the outcomes that the provision of mental health services for the relevant patient are designed to achieve;
- d) list these outcomes, record the services and/or actions that are to be provided to achieve each outcome, including when they will be provided, and state who is responsible for providing the service as well as where it will take place;
- e) be kept under review and updated to reflect any changes in the type of care and treatment which may be required by the service user over time.

Part 3

The aim of this Part of the Measure is to enable eligible adults who have been discharged from secondary mental health services, but who subsequently believe that their mental health is deteriorating to such a point as to require such care and treatment again, to refer themselves back to secondary services directly, without necessarily needing to first go to their general practitioner.

Part 3 of the Measure requires that Local Health Boards and Local Authorities have arrangements in place to receive self-referrals of this kind, and to undertake timely assessments.

Regulations which set out the length of time an individual will be eligible for such an assessment following their discharge from services (3 years from the date of discharge) and arrangements for dealing with requests where the individual's place of usual residence is disputed - were agreed by the National Assembly for Wales in October 2011.

A Code of Practice to Parts 2 and 3 of the Measure has been published by the Welsh Government. This code contains guidance for Local Authorities, Local Health Boards and their staff in relation to their functions under Parts 2 and 3 of the Measure, to which they will be required to have regard when undertaking their functions. This Code provides information to patients, their families, carers and advocates on Parts 2 and 3 of the Measure.

The Mental Health (Secondary Mental Health Services) (Wales) Order 2012, seeks to ensure that people who have previously received certain secondary mental health services in other parts of the United Kingdom, but who are currently usually resident in Wales, receive the same right to request an assessment as individuals who have previously received secondary mental health services in delivered in Wales.

Guidance Notes

General Points

- (1) Local Health Boards to provide one completed template containing a sheet for each service area.
- (2) Information should be provided for **patients who are resident in the LHB**, NOT for the services provided by the LHB.
- (3) The submission requirements for 2014/15 are monthly as follows (if the submission date falls on a weekend, please submit on the next working day following the weekend):

Census Date	Submission Date
30/04/2014	31/05/2014
31/05/2014	30/06/2014
30/06/2014	31/07/2014
31/07/2014	31/08/2014
31/08/2014	30/09/2014
30/09/2014	31/10/2014
31/10/2014	30/11/2014
30/11/2014	31/12/2014
31/12/2014	31/01/2015
31/01/2015	28/02/2015
28/02/2015	31/03/2015
31/03/2015	30/04/2015

- (4) All submissions should be e-mailed to the Welsh Government Delivery & Performance Division inbox at:

HSSDG.Performance@wales.gsi.gov.uk

Definitions	
<p>Row 1 – the total number of patients resident in your LHB with a valid CTP at the end of the month</p> <p>This is the number of LHB residents who have a current CTP which has not passed its review date. If none, insert 0.</p>	<p>"Valid CTP": a current (in-date) Care and Treatment Plan as defined in Part 2 of the Measure (see the Mental Health Measure Prt 2 & 3 tab)</p> <p>"End of month": the last working day of the reporting month</p>
<p>Row 2 - the total number of patients resident in your LHB new to secondary Mental Health services within the month</p> <p>This is the number of LHB residents who are new referrals into a secondary Mental Health service during the month.</p>	<p>"Secondary Mental Health services": relates to services provided by secondary MH and not included in LPMHSS schemes. They are defined as:</p> <ul style="list-style-type: none"> (a) a service in the form of treatment for an individual's mental disorder which is provided under Part 1 of the National Health Service (Wales) Act 2006; (b) a service provided under section 117 of the Mental Health Act 1983; (c) a community care service the main purpose of which is to meet a need related to an adult's mental health; (d) a service provided for a child under Part III of the Children Act 1989 the main purpose of which is to meet a need related to that child's mental health. <p>And</p> <p>A service in the form of treatment for an individual's mental disorder includes a service that, in the opinion of the person providing or making arrangements for the provision of the service, is intended to treat a mental disorder that the individual receiving the service is suspected to have.</p> <p>"new to secondary Mental Health services": this is the number of new referrals during the month which includes patients transferred in from another LHB (not transfers within LHBs) and self referrals under Part 3.</p>
<p>Row 3a – the total number of patients resident in your LHB requesting an assessment under Part 3 of the Measure within the month</p> <p>This is the number of LHB residents who have requested an assessment during the month, following a self referral, under Part 3 of the Measure - whether accepted or not.</p>	<p>"Part 3 assessment": a person who has referred themselves back into secondary services following discharge, within the time determined in Part 3 of the Measure (see the Mental Health Measure Prt 2 & 3 tab).</p> <p>"The Measure": relates to the Mental Health (Wales) Measure 2010</p>
<p>Row 3b – the total number of patients resident in your LHB assessed under Part 3 of the Measure within the month</p> <p>This is the number of LHB residents who have an assessment during the month, following a self referral, under Part 3 of the Measure.</p>	

<p>Row 3c – the total number of patients resident in your LHB accepted onto the caseload under Part 3 of the Measure within the month</p> <p>This is the number of LHB residents who are accepted onto the caseload after during the month, following an assessment, under Part 3 of the Measure.</p>	
<p>Row 4 – the total number of patients resident in your LHB discharged/transferred out of secondary Mental Health services within the month</p> <p>The total number of residents who are discharged or transferred out of a secondary Mental Health service during the reporting month.</p>	<p>"Discharged patient": a patient no longer receiving secondary Mental Health services.</p> <p>"Patient transferred out": a patient transferred out of your LHB</p>
<p>Row 5 – the total number of patients resident in your LHB currently in receipt of secondary Mental Health services at the end of the month (i.e. the caseload)</p> <p>This is the number of residents who are currently on a secondary Mental Service caseload at the end of the month</p>	<p>This is an automatic calculation: the total number of residents on a secondary Mental Health caseload at the end of the previous month (row 7 for July, row 5 for subsequent months) + the number of residents new to secondary Mental Health services during the month (row 2) - the number of residents discharged or transferred out of secondary Mental Health services during the month (row 4)</p>
<p>Row 6 – Percentage of valid CTPs completed</p>	<p>This is an automatic calculation: the number of residents with a valid CTP (row 1) divided by the number of residents in receipt on secondary Mental Health services at the end of the months (row 5) multiplied by 100</p>
<p>Row 7 – the total number of patients resident in your LHB in receipt of secondary Mental Health services as at the 30th June 2013</p> <p>This is the number of residents who are currently on a secondary Mental Health Service caseload as at 30th June 2013</p>	