

Summary taken from two documents:

<http://www.rcpsych.ac.uk/pdf/Mental%20Health%20Measure%20Policy%20Implementation%20Guidance%2019%2003%2012.pdf>

Welsh Government Policy Implementation Guidance on Local Primary Mental Health Support Services and Secondary Mental Health Services for the purposes of the Mental Health (Wales) Measure 2010 and related subordinate legislation

<http://wales.gov.uk/docs/dhss/publications/110914mhnatservicemodelen.pdf>

The Mental Health (Wales) Measure 2010 National Service Model for Local Primary Mental Health Support Services

The service term, **Local Primary Mental Health Support Services**, is used now within the measure to mean specific legal responsibilities, or 'statutory duties' which are placed on LHBs and local authorities.

The Local Primary Mental Health Support Services is now identified within Part 1 of the Measure as a service for people of all ages with:

- mild to moderate mental health problems including anxiety, mild to moderate depression, psychosocial, behavioural and emotional difficulties (including children and young people typically managed by tier 1 & 2 CAMHS)
- memory impairment experienced by older adults
- stable severe and enduring mental health problems

The Local Primary Mental Health Support Services must include 5 service components, it is a legislative duty. They are:

- Comprehensive mental health assessments for individuals - GP or secondary mental health services referral.
- Short-term interventions (**i.e. treatment**) - individual or group - e.g. counselling, a range of psychological interventions including cognitive behavioural therapy, solution-focussed therapy, family work, online support, stress management, bibliotherapy and education.
- Onward referral to other services (i.e. secondary mental health services, primary care providers, community care services, services provided under Part III of the Children Act 1989, housing or well-being services; education or training) - referral can only be done if the referral is being made under section 10 of the Mental Health (Wales) Measure 2010 (<http://www.legislation.gov.uk/mwa/2010/7/section/10/enacted>). To improve or prevent a deterioration in the individual's mental health.
- Provision of information, advice and other assistance to GPs and other primary care providers - promoting a person-centred, holistic understanding of mental health and well-being; training and support for primary care staff; help to ensure that accurate and relevant information on mental health conditions, and local mental health services (including third sector services), is available within general practice.

- provision of information and advice to individuals and their carers
 1. about interventions and care (i.e. treatments), including the options available to them
 2. 'signposting' to other sources of support (such as support provided by third sector organisations), and helping them to access these services.

Referral can only be made to the Primary Care Mental Health Teams by:

- GP
- Person working in secondary mental health services

The referral to assessment period must be no longer than 28 days.

All documentation relating to assessment and treatments will be held within the primary care records.

Services to be provided in an LHB region must be recorded and agreed in written joint schemes between the relevant LHB and local authority/ies

Whilst the statutory duty for the provision of local primary mental health support services lies with Local Authorities and LHBs, local partners may wish to secure their provision through other agencies and organisations (e.g. third sector organisations under appropriate arrangements).

In addition to locally agreed performance management information, information will be routinely collected for the Welsh Government in relation to:

- a) No. of primary care practitioners per 20,000 population (all ages);
- b) The number of assessments undertaken;
- c) Waiting times for assessment against the target of 28 calendar days;
- d) Waiting times for interventions, where indicated (in calendar days);
- e) The number of completed interventions (to include treatment, referral or information);
- f) User, carer and GP satisfaction levels.

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- f) User, carer and GP satisfaction levels.

The service term, **Secondary Mental Health Services**, is also used now within the measure to mean specific legal responsibilities, or 'statutory duties' which are placed on LHBs and local authorities. Parts 2 and 3 of the Measure are those relating to secondary care.

Secondary Mental Health Services are for individuals experiencing more complex, severe or enduring mental disorders where the level of need, risk and complexity requires the provision of specialist care including individuals subject to the provisions of the Mental Health Act 1983, inpatient hospital care, community mental health teams for adults and older adults, and specialist child and adolescent mental health services at Tiers 3 & 4.

A secondary mental health service is one which is delivered by specialist mental health practitioners in community and hospital settings who provide ongoing specialist care and treatment.

Individuals accepted into secondary mental health services in Wales have a dedicated care coordinator and receive a care and treatment plan.

Service users discharged from secondary mental health services may seek direct swift re-access to specialist assessment .