**Evaluation of the Together for Mental Health and Talk to me Too strategies:**

**Adult service user interviews**

**Invitation and information for participants**

You are invited to take part in research to gather your feedback on the mental health services you have used as part of the evaluation of the Together for Mental Health and Talk to me Too strategies.

Before you decide whether to take part in the research, it is important that you understand what this will involve. Please read the following information carefully. If anything is unclear, or if you need any other information, please ask (contact details are provided at the end of this information sheet).

**What is the research for?**

The Welsh Government has commissioned Opinion Research Services (ORS) to evaluate the Together for Mental Health and Talk to me too Strategies.

The evaluation is aiming to find out how effective the strategies have been, and what the next strategies should cover.

Opinion Research Services (ORS) is an independent research company. They are also talking to other service users and mental health staff as part of the research.

**Why are you inviting me to take part?**

We’ve asked you to speak to us because you are using or have used mental health or suicide and self-harm prevention services in Wales.

**Do I have to take part?**

It is up to you whether you take part. Please confirm whether you want to take part by emailing ORS: [togetherformh@ors.org.uk](mailto:togetherformh@ors.org.uk).

You are free to change your mind about taking part at any time without giving a reason. You won’t have to answer any questions you do not want to. If you do change your mind, please contact the project manager Liz Puntan, the project manager, to let her know (details below), by 31st June 2022.

**What will taking part involve?**

You are being asked to take part in a one-to-one interview with an ORS researcher. The interview will take place on Teams, or over the phone. It will take around an hour. If you agree, we would like to record the interview to make sure that we hear everything you have to say.

The interview will gather your opinions on the services you have used: what was good about them, and what could be better; the staff who have helped you; and what Welsh Government should do to improve mental health services in Wales.

**How will you use my feedback?**

We will store your contact details and the notes and recording from the interview on ORS’ secure server and will delete them three months after the end of the project. We will process your data in line with the Data Protection Act and the General Data Protection Regulations 2016 (GDPR).

Only named ORS project team members will be able to see your contact details, read the notes, and hear the recording. We will not store any information that identifies you with your feedback.

When we have finished the study, we will write a report for Welsh Government based on the findings, which Welsh Government will publish on their website.

**The report will be completely anonymised. We will not name you, where you accessed services, or use any direct quotes that could identify you in the report.**

Please see the project’s [privacy notice](https://www.opinionresearch.co.uk/T4MH_adult_serviceuser) for further information on how we will use and store your data.

**What if there is a problem?**

If you have any concerns about the study, please contact Liz at ORS (contact information below) who will do her best to answer your questions.

If you are still unhappy and wish to complain about the study, you can contact Tom Cartwright at Welsh Government (contact information below). You can also complain to the Market Research Society and the Information Commissioner’s Office.

**Contact for further information**

If you have any questions please contact Liz Puntan, project manager, on 07917 658160 ([liz.puntan@ors.org.uk](mailto:liz.puntan@ors.org.uk)).

Alternatively, you can contact Senior Research Officer at Welsh Government Tom Cartwright via email at [tom.cartwright@gov.wales](mailto:tom.cartwright@gov.wales).

**What happens next?**

If you are still interested in taking part in an interview, please email ORS: [togetherformh@ors.org.uk](mailto:togetherformh@ors.org.uk)

We will then liaise with you to make arrangements for the interview. Please also fill in the consent form you were given with this information sheet and email it back to Matt.

**Thank you for taking the time to read this information and for considering taking part in this research.**