



Job title: Recovery Practitioner

Location: Our offices in Newtown, Powys

Reporting to: Service Delivery Manager

Hours: 28 hours a week (this can be flexible e.g. within school hours)

Salary: £24000 - £28000 (pro rata) based on experience and qualifications

About Rekindle:

Rekindle has been helping people recover from mental illness since 1997. Since 2014 we have focused entirely on young people aged 16 to 25, who may be at risk of mental health problems, or those already suffering from mental distress. Using our recovery model based on early intervention we aim to offer collaborative support in every aspect of their lives; housing, relationships, work, training and finance, offering mental health support through jointly planned and considered individual and group therapy. Clients are enabled to make lasting changes, become part of the wider community and be given a voice in the running of the service.

Role overview:

As a Recovery Practitioner, you will provide support to young people aged 16-25 who may be struggling with poor mental health, using a recovery-based approach. This may include areas of their life such as; housing, finances, education, training, relationships, family, self-esteem etc. Your work will predominantly take place in our building in the centre of Newtown, but there may be times when you may need to work in the community e.g. attending events and supporting clients to appointments. This role is for 28 hours/week, which will generally take place within normal working hours but there may be occasions where you'll be required to work in the evening or at weekends. You will join a small professional team made up of management, clinical and administrative staff.

Key responsibilities:

- Providing one-to-one support using a holistic recovery-based model, meaning the support will be varied depending on the unique needs of the individual.
- Facilitating group support and activities, alongside another staff member or volunteer

- Providing therapeutic interventions to support a client to increase their self-awareness, self-esteem, confidence and resilience
- Managing and liaising with volunteers
- Working collaboratively with other organisations and other staff members
- Using Rekindle's case management system including assessment, record keeping, monitoring and evaluation processes.
- Undertaking training and regular managerial and clinical supervision
- Carrying out risk assessments and following safeguarding procedures when necessary
- Valuing diversity and promoting equal opportunities
- Working within professional boundaries maintaining safety and appropriate confidentiality at all times
- Promoting the mission, aims, values and objectives of Rekindle
- Any other duties as required by the Service Delivery Manager

Skills and Experience:

Essential

- Experience of working in the mental health sector or with young people
- Excellent written and verbal communication skills, including active listening
- Demonstrate respectful uncertainty and curiosity about clients' lives and narratives and to co-produce bespoke personal recovery pathways

Desirable

- A qualification in a relevant subject e.g. counselling, psychotherapy, nursing, psychology or health and social care
- Experience of facilitating therapeutic support groups
- Experience of using Office 365 and digital case management systems
- Experience of working holistically or using the recovery model
- Welsh speaking, or be willing to learn
- Knowledge of safeguarding issues

Personal Qualities

- A passion for working with young people
- Empathy for vulnerable people and those experiencing mental health issues
- Organised and committed
- Ability to work independently, but to also work well as part of a team
- A willingness to reflect in order to learn
- Flexible and adaptable
- Ambitious and motivated

Application deadline: Sunday 13th November 2022

To apply, please send your CV to [lizzie.cockle\(at\)rekindle.org.uk](mailto:lizzie.cockle@rekindle.org.uk). For an informal chat about the role, you can contact Lizzie Cockle, Service Delivery Manager, on 01686 722222.