

## **Powys 'Live Well' Mental Health Partnership Development & Planning Board**

**VOLUNTEER ROLE:** Service user &/or Carer Citizen Representative

**SUPPORT:** Council Members to be supported by Mental Health Participation Officer at PAVO, Alice Dolan - (Alice.Dolan@pavo.org.uk)

### **ABOUT THE PARTNERSHIP BOARD**

The Powys "Live Well" Mental Health Planning and Development Partnership Board (Powys "Live Well" MHPDPB) has been established to oversee the delivery and implementation of mental health service in keeping with strict guidelines devised by the Welsh Government.

We join together to make sure the perspective of invested parties are accounted for when planning service that is bespoke to Powys.

Organisations forming the Partnership include:

- Powys Teaching Health Board
- Powys County Council
- Service user and carer representatives
- Powys Association of Voluntary Organisations (PAVO)
- Public Health Wales
- Dyfed Powys Police
- Mid and West Wales Fire and Rescue Service
- Powys Community Health Council
- Tros Gynal Advocacy

### **YOUR PLACE IN THE PARTNERSHIP.**

Often professionals need guidance in what the real life implications of planning decisions are. Service User and Carer Representative sit on the board to give the perspective of the citizen, drawing on their own experience of mental health service to inform policy, delivery and practice..

### **We are looking for a volunteer with the following experience and skills**

- Personal experience of accessing Powys Mental Health Service and/or caring for someone who has.

- The ability to use insight from their own experience to inform discussions without sharing details that may distress themselves or others.
- Willingness to establish relationships with Partnership stakeholders & build on these relationships to create robust service directives.

## **WHAT'S IN IT FOR YOU?**

- The chance to use your innate expertise to help others who share similar lived experiences to yourself.
- A full induction process that will provide you with the practical skills and confidence needed for the role.
- Access to local, regional and national co-production opportunities.
- Access to further training provided by third sector organisations and Powys Teaching Health Board.
- Personal IT equipment & training to support access in your role.

## **YOUR COMMITMENTS FOR THIS ROLE -**

### **Maximum total of 7 days per year.**

- 4 x MHPDPB meetings a year. 3 hours allocated once a quarter.
- 4 x preparation meetings a year. 1.5 hours allocated a week prior to the MHPDPB meetings.
- 4 x debrief meetings a year. Commencing within a week of the Partnership Board Meeting. 30 mins allocated.
- 2 Informal Supervisions between you and the PAVO Mental Health Participation Officer. Each Supervision is 1 hour long
- A full induction and onboarding process to complete on a timeline set by you.
- All meetings are available to attend online and occasionally held in person. Travel expenses will be reimbursed.

**NEXT STEPS:** If you are interested in this role, please contact Alice Dolan (contact information below) for an informal discussion to see if this role is suitable for you.

## **EXTRA INFORMATION**

Location: Options for both online and in person meetings.

Staff Contact: ALICE DOLAN

Contact Number: 01597 822191 / 07833 401446

Email Address [ALICE.DOLAN@PAVO.ORG.UK](mailto:ALICE.DOLAN@PAVO.ORG.UK)

**Role description created: 16/09/2025**

**Role description review date: 16/09/2026**